



Sample Itinerary for 7 days / 6 nights including Medical Check-up

Baden-Baden – beautifully located at the foothills of the Black Forest – is a famous spa & wellness resort, a city of elegant lifestyle. Guaranteed relaxation in the thermal spas, the modern **Caracalla Spa** and upscale shopping in the neo baroque old town as well as art and culture at the **Museum Frieder Burda** and Europe's second largest opera & concert hall, the **Festival Hall Baden-Baden**. Challenging hours at Germanys most beautiful **Casino** or the **International Horse Racing Festival** as well as many sportive activities as hiking, mountain biking, tennis, paragliding or golfing at 8 golf courses in the Golf-Region Baden-Alsace – the options are as manifold as classy. Excellent hotels, gourmet restaurants, small regional wine cellars and fancy convention facilities await you in the “green city of short distances”.

First Day

Arrival at Baden Airpark and transfer by Taxi (30 minutes), bus (60 minutes) or individual shuttle service (on request) to Baden-Baden.

OR

Arrival at Frankfurt Airport and transfer to Baden-Baden by ICE direct train (1, 5 hours) or individual airport shuttle service (on request).

Noon

Check-in at the hotel

Afternoon

Guided city tour showing the highlights of Baden-Baden

Evening

Dinner at a typical Baden-Baden restaurant or wine tavern.

Afterwards, enjoy a performance at the **Festival Hall Baden-Baden**. The Festival Hall Baden-Baden is Germany's largest opera- and concert hall and host international opera, concerts and ballet throughout the year.

Second Day

Morning

Take a ride in a **horse carriage**, a particularly romantic and extraordinary treat along the “Lichtentaler Allee”.

OR

Visit of **Mount Merkur**

Reach Baden-Baden's highest point to enjoy breathtaking views over the Rhine River Valley and the Black Forest with one of Europe's steepest funicular railways. A cozy restaurant at the top of the mountain invites for a delicious break.

Noon

Lunch at the **“Café König”**, one of Baden-Baden's oldest and most famous cafés.

Afternoon

Take a walk within the beautiful ambience of vineyards in Baden-Baden's wine region **“Rebländ”** (10 minutes drive away from the city center) and take part in a wine tasting at one of the various wineries.

Afterwards

Dinner in one of the gourmet restaurants or the cozy wine taverns at **“Rebländ”**.

Late Evening

Try your luck in Germany's oldest **Casino of Baden-Baden**, a temple to the alluring game of chance, fashioned on the lines of French royal palaces.





Third Day

Short drive (20 min.) into the Black Forest for the full-day check-up at the [Max-Grundig-Clinic](#)

Fourth Day

Second check-up at the Max-Grundig-Clinic

Fifth Day

Choose one of the following one-day excursions:

Black Forest: Along the Panoramic Road “Black Forest Street” via Lake “Mummelsee” to Freudenstadt and further to lake “Titisee”, visit of a cuckoo-clock factory and shop, visit of the open-air museum in Gutach with typical Black Forest farmhouses and –gardens.

Strasbourg (France) is the intellectual and economic capital of Alsace. Its privileged geographical situation as a center of international communications and its position as a station of Latin sentinel on the Rhine, as well as its rich history, ensure its exceptional importance. It was thereforea natural course of action that Strasbourg was chosen as the home of the European institutions. The exceptional architectural richness of Strasbourg has been classified as world heritage, a first time for a whole city center.

Colmar (France) is the capital of Alsatian wine: Cheery, good-natured, lively, and breathtakingly beautiful – it's well worth taking a discovery stroll through Colmar. The House of Heads, the Pfister House, an Italian renaissance guard's house, the Old Customs House and the "Petite Venice quarter" – all are must-sees.

Freiburg, lively student city where you can visit among other things the cathedral, the old university and the old town-hall.

Heidelberg, here you can visit amongst others the impressive palace, the university and the old town-hall.

Europa-Park Rust: With a sensational mix of high-adrenaline rides, cleverly conceived themed areas, beautiful parks, plus around 6 hours of shows including children's theatre, ice revues and variety shows every day, the resort ticks all the right boxes when it comes to fun and entertainment. (1-hour drive from Baden-Baden)





Sixth Day

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| Morning | Enjoy a shopping trip in the picturesque streets and the small lanes of the neo-baroque old town of Baden-Baden. Numerous exclusive boutiques invite you to first-class shopping . |
| Noon | Lunch at one of the many restaurants in Baden-Baden. |
| Afternoon | Visit of the modern Caracalla Spa . Enjoy some relaxing hours between marble columns and tempting turquoise blue pools |

Seventh Day

Transfer from Baden-Baden to Baden Airpark by Taxi (30 minutes), bus (60 minutes) or individual shuttle service (on request) and departure.

OR

Transfer from Baden-Baden to Frankfurt Airport by ICE direct train (1, 5 hours) or individual airport shuttle service (on request) and departure.

For more information, please contact:

Baden-Baden Tourism Board

Solmsstraße 1
76530 Baden-Baden
Germany
Tel. +49 (0) 7221 275 256
E-Mail: sales@baden-baden.com
Internet: www.baden-baden.com

